

# YGL League Rules 2018

## **RED (7th/8th) & YELLOW (5th/6th) Division Rules:**

- Regulation pocket, Regulation field, 12 v 12
- Modified checking below shoulder level only
- 3-second rule for good defensive position
- 25-minute running time halves
- **No Timeouts, No Overtime, No mercy rule**
- Yellow/Red carded players are off the field for 2/4 minutes
  - No substitute
- All other rules per US Lacrosse for 14U (RED)

## **YELLOW (5th/6th) Division Rules:**

- Regulation pocket, Regulation field, 12 v 12
- Modified checking below shoulder level only
- 3-second rule for good defensive position
- 25-minute running time halves
- **No Timeouts & No Overtime**
- 4-goal differential mercy rule (INDIRECT - free position at center in lieu of draw)
- Yellow/Red carded players are off the field for 2/4 minutes
  - No substitute
- All other rules per US Lacrosse for 12U

## **GREEN (3rd/4th) Division Rules:**

- Short field, 8 v 8 (2 Defenders Back)
- No checking allowed
- Modified pocket allowed
- 3-second rule for good defensive position
- 1 Pass attempt **MANDATORY** off every draw/free possession
- 25-minute running time halves
- **No Timeouts & No Overtime**
- 4-goal differential mercy rule (INDIRECT - free position at center in lieu of draw)
- Yellow/Red carded players are off the field for 2/4 minutes
  - Substitute **MANDATORY** for carded player
- 1 Coach from each team allowed on the field but not obstructing play
- All other rules per US Lacrosse for 10U

## **Umpire Compensation**

- Adult Officials working with Adults
  - RED and YELLOW Divisions: \$50/team
  - GREEN DIVISION (single ref): \$30/team